



# Consumer Report

<b>Product Name:</b>	Premium Omega-3
<b>Product Type:</b>	Ultra Refined - EE Fish Oil
<b>Product Availability:</b>	USA
<b>Product Summary:</b>  	<p>Premium Omega-3 is a clean and highly concentrated omega-3 fish oil product. Each softgel contains a minimum of 60% total omega-3 concentration including EPA and DHA, as well as d-alpha tocopherols, gelatin and glycerin.</p> <p>This product receives a FIVE out of FIVE Star IFOS rating based on the following criteria:</p> <ul style="list-style-type: none"> <li>★ Omega-3 Concentration Consistent with Label – YES</li> <li>★ Passes IFOS Oxidation standards – YES</li> <li>★ Passes IFOS PCB, PCDD/F standards – YES</li> <li>★ Passes IFOS Heavy Metal standards – YES</li> <li>★ Passes all IFOS testing categories – YES</li> </ul>
<b>Batch/Lot #:</b>	28887100
<b>Expiry Date</b>	0418
<b>Recommended Daily Allowance:</b>	2 softgels, twice daily, with a meal.
<b>Company Name:</b>	Beauty and Health Research, Inc.
<b>Company Phone:</b>	1-310-540-3120
<b>Company Website:</b>	<a href="https://bandh-r.org">https://bandh-r.org</a>

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<b>Category 1: Potency</b> Omega-3 content vs. product label claim	<b>Concentration</b>	<b>Batch Results</b>	<b>IFOS Compliance</b>
<b>EPA</b>	300 mg/softgel	401 mg/softgel	YES
<b>DHA</b>	200 mg/softgel	251 mg/softgel	YES
<b>TOTAL OMEGA-3</b>	600 mg/softgel	786 mg/softgel	YES

<b>Category 2: Purity, Safety &amp; Cleanliness</b>	<b>Standard Limit</b>	<b>Batch Results</b>	<b>IFOS Compliance</b>
<b>PCBs</b>	< 45 ppb	0.54 ppb	YES
<b>Dioxins and Furans</b>	< 1 ppt	0.3 ppt	YES
<b>Dioxin-Like PCBs</b>	< 1.5 ppt	0.12 ppt	YES

<b>Category 3: Stability</b>	<b>Standard Limit</b>	<b>Batch Results</b>	<b>IFOS Compliance</b>
<b>Anisidine</b>	<20	2.9	YES
<b>Peroxide</b>	< 5 mEq/kg	< 0.1 meq/kg	YES
<b>TOTOX</b>	< 19.5	3.1	YES
<b>Acid Value</b>	< 3.0 mg KOH/g	0.06 mg KOH/g	YES

<b>Category 4: Heavy Metals</b>	<b>Standard Limit</b>	<b>Batch Results</b>	<b>IFOS Compliance</b>
<b>Mercury (Hg)</b>	< 0.1 ppm	<0.005 ppm	YES
<b>Lead (Pb)</b>	< 0.1 ppm	<0.02 ppm	YES
<b>Total Arsenic (As)</b>	< 0.1 ppm	<0.05 ppm	YES
<b>Cadmium (Cd)</b>	< 0.1 ppm	<0.01 ppm	YES

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