



# PRODUCT REPORT

IFOS Product Reports help you make an informed choice about the Omega-3 products you buy.



## COMPANY DETAILS

Sifar Nutra S.r.l

Viale Monte Nero 43, Milano 20135 (MI), Italy

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[www.sifarnutra.com](http://www.sifarnutra.com)

## PRODUCT SUMMARY

Sifar Nutra EFA One

Batch / Lot #:D186N

Expiry Date: 07/2023

Directions: Take 1-4 softgels daily after meals.

## TESTING RESULTS

This product receives a FIVE out of FIVE Star IFOS rating based on the following criteria:

- Omega-3 concentration consistent with label – YES
- Passes IFOS oxidation standards – YES
- Passes IFOS PCB, PCDD/F standards – YES
- Passes IFOS heavy metal standards – YES
- Passes all IFOS testing categories – YES



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Category 1: Potency	Specification mg / softgel	Batch Results mg / softgel	IFOS Compliance
EPA	580	606	YES
DHA	390	409	YES
<b>Total Omega-3</b>	<b>1020</b>	<b>1103</b>	<b>YES</b>

Category 2: Purity, Safety & Cleanliness	Specification	Batch Results	IFOS Compliance
PCBs	<= 45 ppb	0.0935 ppb	YES
Dioxins and Furans	<= 1 ppt	0.107 ppt	YES
Dioxin-Like PCBs	<= 1.5 ppt	0.00660 ppt	YES

Category 3: Stability	Specification	12.85	IFOS Compliance
Acid Value	<= 3 mg KOH/g	0.01 mg KOH/g	YES
Peroxide	<= 5 meq/kg	3.88 meq/kg	YES
Anisidine	<= 20	7.41	YES
Total Oxidation	<= 19.5	15.17	YES

Category 4: Heavy Metals	Specification	Batch Results	IFOS Compliance
Mercury	<= 0.1 ppm	0.0119 ppm	YES
Lead	<= 0.1 ppm	< 0.020 ppm	YES
Total Arsenic	<= 0.1 ppm	< 0.050 ppm	YES
Cadmium	<= 0.1 ppm	< 0.010 ppm	YES

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